

Raffles Healthy Heart Screening 
\$201.16

Preventive cardiac health screening is an effective and affordable way of identifying hidden cardiac disease risks.

Raffles Healthy Heart Screening is suitable for individuals who want a baseline assessment of their heart health, or those who are concerned with or have a family history of heart disease or sudden cardiac death.

Screen early and take action to avoid heart problems.

CLINICAL ASSESSMENT

- Interview and physical examination by Cardiologist
- Body Mass Index

LABORATORY

Lipid Screen

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- TC/HDL Ratio
- Triglycerides

Liver Function Test

- Bilirubin
- Total Protein
- Albumin
- Globulin
- A/G Ratio
- ALP
- SGOT
- SGPT
- SGGT

Renal Screen

- Glucose
- Potassium
- Sodium
- Chloride
- Urea
- Creatinine

TESTS

- Electrocardiogram (ECG)

EVALUATION OF MEDICAL REPORTS

- Review by Consultant Cardiologist

Raffles Heart Centre

provides a one-stop specialist care for the screening, diagnosis and treatment of heart conditions. Our services include angioplasty and stents placements, cardiac devices implantations and cardiac surgery.



Dr Ng Wai Lin
 Cardiology
 MBBS (Aust), FRACP, FAMS



Dr Alvin Ng Chee Keong
 Cardiology
 MBBS, MRCP, FACC, FAMS, CBNC



Dr Abdul Razakjr Bin Omar
 Cardiology
 MBBS (S'pore), M Med (Int Med), MRCP (UK), FAMS, FACC



Dr Wu Dar Ching
 Cardiothoracic Surgery
 MBBS (S'pore), FRACS, FACC, FAMS



Take Charge
 of Your
Heart 

Screening Packages 2011 - 2012

* All prices are inclusive of GST.
 * Items in package are non-refundable if declined.
 * Health screenings are strictly by appointments only.

Young Athlete Cardiac Screening

(Ages 16 to 35)



\$500.76

There is a small but real risk of sudden death during intensive exercise, such as competitive sports or long distance running. This applies as much to adults as well as those in the younger ages.

Individuals may not experience symptoms until the tragedy strikes. Sudden deaths are mostly due to readily identifiable heart conditions such as hypertrophic cardiomyopathy and coronary arteries anomalies.

This makes pre-participation cardiac screening important. With foreknowledge of the risks, preventive measures or necessary treatments can be initiated to reduce mortality.

CLINICAL ASSESSMENT

- Interview and physical examination by Cardiologist
- Body Mass Index

LABORATORY

Lipid Screen

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- TC/HDL Ratio
- Triglycerides

TESTS

- Electrocardiogram (ECG)
- 2D Echocardiogram

EVALUATION OF MEDICAL REPORTS

- Review by Consultant Cardiologist

Sudden Cardiac Death Screening



\$704.06

More than 1,500 people die from sudden cardiac deaths every year in Singapore.

Most of such deaths occur as a result of coronary heart disease. The risks include:

- Older Age and Male Gender
- High Blood Pressure
- High Blood Cholesterol
- Diabetes Mellitus
- Smoking
- Obesity
- Family History of Heart Disease or Sudden Death

The risk can be higher during vigorous exercise, especially among individuals who are usually sedentary.

Screen for your cardiac risks, and learn from your heart specialist how to manage them for your own safety and to maintain a healthy life.

CLINICAL ASSESSMENT

- Interview and physical examination by Cardiologist
- Body Mass Index

LABORATORY

Renal Screen

- Glucose
- Potassium
- Sodium
- Chloride
- Urea
- Creatinine

Liver Function Test

- Bilirubin
- Total Protein
- Albumin
- Globulin
- A/G Ratio

- ALP
- SGOT
- SGPT
- SGGT

Lipid Screen

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- TC/HDL Ratio
- Triglycerides

TESTS

- Treadmill Stress Test
- 2D Echocardiogram

EVALUATION OF MEDICAL REPORTS

- Post Examination Review by Cardiologist

Raffles Comprehensive Health and Heart Screening



\$1378.16

Heart disease can be prevented by adopting a healthy lifestyle and managing risk factors before complications arise.

This package combines an in-depth cardiac assessment with a general health screening. It is suitable for Individuals with one or more cardiac risk factors, such as smoking, high cholesterol, high blood pressure and diabetes; and is also useful for individuals above the age of 45 for men and 55 for women who have experienced episodes of chest discomfort or exercise intolerance.

CLINICAL ASSESSMENT

- Interview and physical examination by Cardiologist
- Body Mass Index

LABORATORY

Haematology Screen

- Complete Blood Count
- ESR

Renal Screen

- Glucose
- Potassium
- Sodium
- Chloride
- Urea
- Creatinine

Liver Function Test

- Bilirubin
- Total Protein
- Albumin
- Globulin
- A/G Ratio
- ALP
- SGOT
- SGPT
- SGGT

Lipid Screen

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- TC/HDL Ratio
- Triglycerides

Uric Acid Calcium Phosphate

Thyroid Function

- TSH
- FT4

Serology

- VDRL
- TPHA (If VDRL positive)
- Anti HAV Total
- HBs Ag
- HBs Ab
- HIV Ag & Ab
- RA Factor

Tumour Markers

- AFP
- CEA

Urinalysis

- pH
- SG
- Protein
- Glucose

Ketone

- Blood
- Bilirubin
- Urobilinogen
- RBC
- WBC
- EC
- Cast
- Crystal

Faecal Analysis

- Occult Blood

TESTS

- Chest X-Ray
- Electrocardiogram (ECG)
- CT Coronary Angiogram

EVALUATION OF MEDICAL REPORTS

- Post Examination Review by Cardiologist