



Prostate Cancer

Patient Education Series

WHAT IS PROSTATE CANCER?

Prostate cancer, also known as carcinoma of the prostate, is the development of cancer in the prostate – a gland in the male reproductive system. Most prostate cancers are slow growing; however, some grow relatively fast. The cancer cells may spread from the prostate to other parts of the body, particularly the bones and lymph nodes.

In Singapore, one in three men above the age of 50 will develop prostate disease, the most common being benign prostate enlargement (BPH) and cancer.

COMMON SYMPTOMS

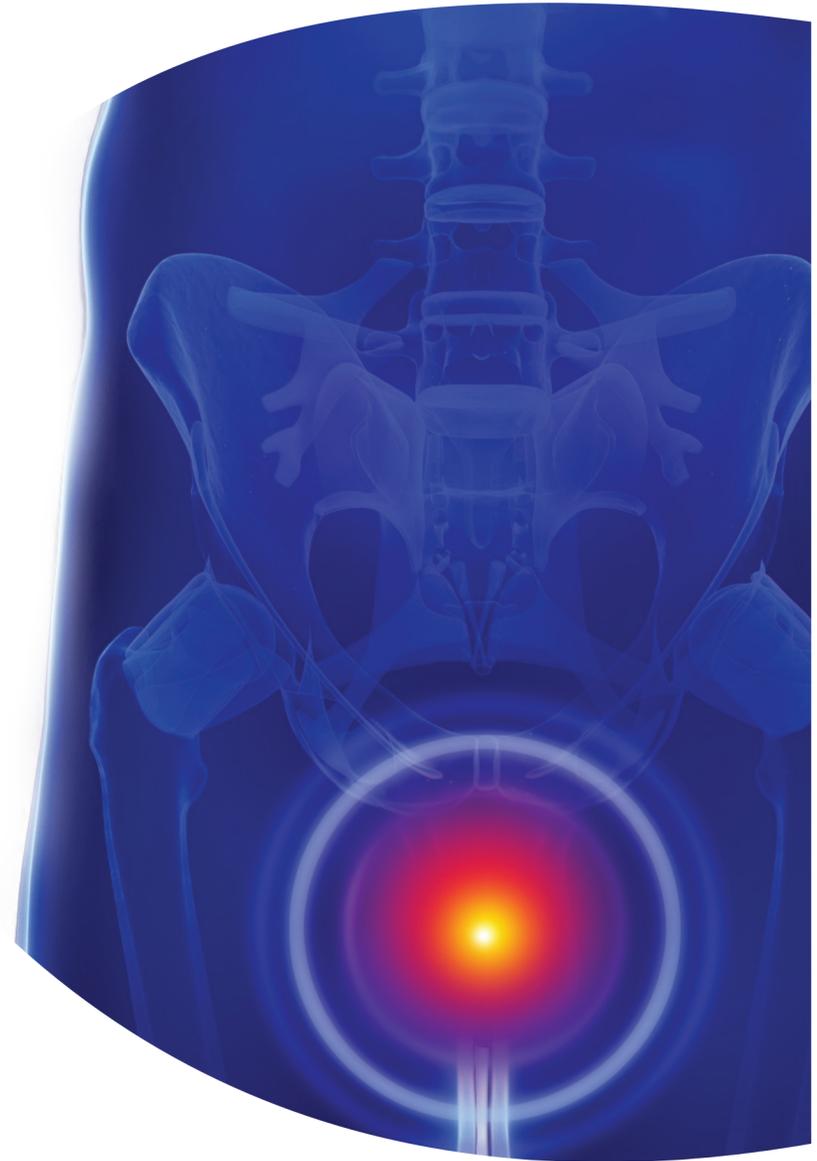
- Frequent urination at night
- Difficulty in starting or holding back urine
- Inability to urinate
- Weak flow of urine
- Painful urination
- Blood in urine or semen

RISK FACTORS

- **Age:** The risk of prostate cancer increases after the age of 50
- **Family history:** The risk is higher with a family history of prostate cancer (especially father, brother or son)
- **Diet:** A high-fat diet and obesity may increase risk of prostate cancer

Today, prostate cancer is the third most common cancer among men in Singapore. The best chance for surviving prostate cancer is detecting it early. When prostate cancer is found early and treated appropriately, chances of successful treatment and cure are higher.

Please consult a specialist if you are experiencing any of the above symptoms before the problem becomes severe.



Prostate
Screening at
\$338
(includes GST)

- Consultation with a urologist
- Kidney and prostate ultrasound examination
- Prostate-Specific Antigen (PSA) blood test
- Uroflowmetry

Terms and conditions

- Package is not applicable with other discounts or promotions.
- Package is non-transferrable.
- Screening excludes medication and other investigations.
- Other terms and conditions apply.