



## **German Expert to Introduce New Water-Assisted Liposuction Procedure to Singapore Plastic Surgeons**

A new method of detaching fats from the body using water jets is poised to make waves in Singapore and plastic surgeons here are keen to learn more about this exciting and novel technology.

Here to demonstrate the water-assisted liposuction method to plastic surgeons from the Singapore Association of Plastic Surgeons is Dr Hartmut Meyer - one of the first surgeons in Germany to perform water-assisted liposuction in his practice.

This procedure involves detaching the fat tissue with a razor-sharp jet of water under high pressure. At the same time, the mixture of fat and water is sucked away.

With previous techniques of liposuction, such as the ultrasound or tumescence methods, detachment of the fat required the body to be “pumped full” of a large quantity of fluid, until it became fat and full.

With the water-jet method, the surgeon can check the natural form and contours of the body at any time and assess the result in the course of treatment. The advantage: there are no dents as even the smallest unevenness is noticed. Thus, the correction procedures that are often required after liposuction are largely avoided.

“The procedure is less invasive for the patient, because no tissue is violently damaged. There is clearly less pain, swelling or blue patches. Even during the procedure, far smaller quantities of analgesia are required,” says Dr Hartmut Meyer, who has been using this method for more than a year.

“In addition, no large quantities of fluid remain in the body. The patient can return home immediately after the procedure.”

High-pressure water jets have already been used in general surgery for many years, for example as water scalpels. Dr Meyer and his colleagues have further developed this procedure for the purposes of liposuction in order to offer patients greater safety and a shorter intervention time.

Professor Walter Tan, president of the Singapore Association of Plastic Surgeons and Consultant Plastic Surgeon at Raffles Hospital, foresees that more patients will start asking for this new method once it is introduced to Singapore and more patients have had a chance to experience its obvious benefits.

Dr Hartmut Meyer would be in Raffles Hospital, Singapore for a Water-Jet Assisted Liposuction Workshop for Plastic Surgeons on 10 January 2007. He will be reviewing possible patients in the afternoon.

**You are cordially invited to interview Dr Meyer on 10 January 2007 (Wednesday).**

**Possible timeslots:**

12.30 pm till 2.00 pm

6.00pm till 6.30pm

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## Appendix



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Hartmut Meyer, MD, started specialising in plastic surgery in 1987. He did his postgraduate studies in Massachusetts General Hospital, Boston and began his practice as a plastic surgeon in Germany in 1995. In 1998, he started his own private clinic in Hamburg, Germany.

[http://www.humanmedag.de/human\\_med\\_ag.php?content=home&lang=en](http://www.humanmedag.de/human_med_ag.php?content=home&lang=en)

### Advantages of Water-jet assisted liposuction

Water-jet assisted liposuction with body-jet permits a **safer and shorter** duration of treatment.

The fatty tissue is detached and simultaneously removed with a razor-sharp water jet.

#### Advantages

- The tissue is not destroyed
- Pain, swelling and blue patches are reduced
- A smaller quantity of analgesia is required
- Optimised result
- Minimised subsequent corrections
- Immediate results
- Significantly shorter operation period

Unlike conventional methods, the body is not pumped full of a large quantity of fluid. Your doctor can therefore assess the result already during treatment and operate more precisely.