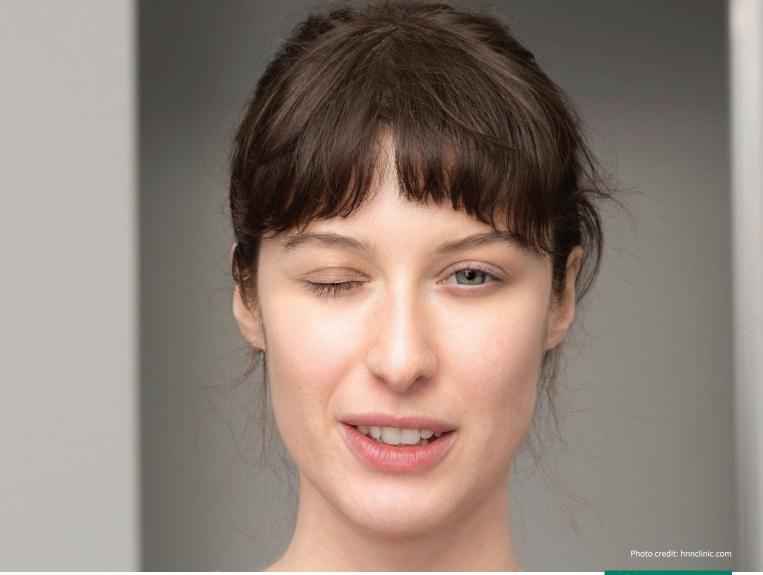
RafflesMedicalGroup



15 January 2021

Bell's Palsy

Bell's palsy is a condition in which the nerve that controls the muscles of the face becomes injured or stops working altogether. This causes the facial muscles to become weak or paralysed. Unlike a stroke, the facial weakness develops gradually.

Bell's palsy is caused by an inflammation of the facial nerve. This inflammation can be caused by a virus. There is some evidence that the virus that causes it is the herpes simplex virus (HSV), which is the same virus that causes cold sores and genital herpes. Other viruses that may also cause the condition are the herpes zoster virus, cytomegalovirus, and the Epstein-Barr virus.

Symptoms

Bell's palsy causes one side of the face to be partly or completely paralysed. This may cause:

- · Eyebrow sagging
- Drooping of the lower part of the face, especially the corner of the mouth
- One eye unable not close completely, eye irritation, such as dryness or more tears
- · Loss of taste or dry mouth

Treatment

Depending on severity of symptoms, treatments for Bell's palsy may include:

- Oral steroids
- · Oral antiviral medicine
- Eyedrops and eye ointment (to stop the affected eye drying out)
- Surgical tape (to keep the eye closed at bedtime)

The patient is advised to see a general practitioner (GP) as soon as possible after developing symptoms. This is because the doctor needs to differentiate Bell's palsy and stroke. Additionally, treatment for Bell's palsy is more effective if it is detected early, ideally within 72 hours.

Most patients begin to recover within three weeks of treatment. The recovery process may continue for three to six months. Most people make a full recovery within nine months. However it can take longer depending on the individual. In a small number of cases, the facial weakness can even be permanent.

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Medical Services for COVID-19

The outbreak of COVID-19 has caused much disruption in our daily life and business operations. As Singaporeans, we all have a role to play in the fight to prevent spread of COVID-19 and to protect our families, loved ones and colleagues. To help meet the challenge posed by the current COVID-19 outbreak, Raffles is happy to provide the following services to meet your healthcare needs.



Corporate Health Consultancy

Consult our experts on all healthcare related aspects of COVID-19 in your company. Our services range from acquisition of PPE's, temperature screening services, staff education webinars and planning for prevention / mitigation of COVID-19 at the workplace.

Corporate account holders Tel: 6812 6688 rafflesone@rafflesmedical.com

Non-corporate account holders COVID-19support@ rafflesmedical.com



Raffles Telemedicine

Download our Raffles Connect app for a host of mobile / remote services. These include teleconsultation with medicine delivery and issuance of medical certificates, obtaining clinic queue numbers, receiving the latest COVID-19 advisories and more. All from the comfort and safely of your home / office.





Medicine Delivery Services*

Request for repeat of medicine for chronic conditions, medicine previously prescribed for acute conditions or routine over-thecounter medicine without visiting any Raffles Medical clinics.

*Available only for patient with existing records



Scan the OR code to access this service



Dengue Vaccination

If you have had a previous dengue infection, and are between 12 to 45 years old, you can get vaccinated against dengue.



select online

Raffles Home Care Services

Raffles Home Care Services offer you the convenience of getting a vaccination, blood test or clinical procedure done at home, skipping the need to travel to a clinic. Call / SMS 8614 8292 to enquire about any of the following home-based services.



Home-Based FDW 6 Monthly Medical Examination (6ME)

Your foreign domestic worker is required to screen for pregnancy and infectious diseases every six months. Enjoy the convenience of a mobile screening, where we arrange for our medical personnel to go to your home to conduct the tests required.



Find out more or make an enquiry here



Getting Your Vaccination Done At Home

Influenza is a viral infection that causes high fever, muscle aches, runny nose, sore throat and cough. When an infected person coughs or sneezes, anyone who is in close proximity may breathe in the droplets and get infected.

A vaccination to protect you and your family from influenza can be done without going to the clinic. Find out more